

Be rewarded for healthy choices.



Geisinger

Better physical health, better financial health. Isn't that a win-win?

What to do:

Submit receipts for at least two covered wellness activities to receive an annual reimbursement (up to \$100/single and \$200/family). Members (policyholder only) must complete the online wellness assessment to be eligible.

Some covered activities include:

- Fitness center memberships
- Exercise classes
- Race fees
- Gymnastics
- School athletic fees
- Swimming lessons
- Sports camps
- Sports fees
- Karate

How to get it:

Visit geisingerhealthplan.com, then:

1. Log in as a member.
2. Complete the wellness assessment (required). Once logged in, under the "Health and Wellness" tab at the top, click on "Wellness Assessment." Click the link to complete the assessment.
3. Next, under the "Health and Wellness" tab at the top, click on "Healthy Rewards Reimbursement."
4. Download and mail the reimbursement form, along with receipts, per the instructions listed on the form.

Questions about MyHealth Rewards?

Contact the Geisinger health & wellness team at wellness@geisinger.edu or 866-415-7138.