



UPMC IN NORTHCENTRAL PENNSYLVANIA IS PART OF A WORLD-CLASS HEALTH SYSTEM

Choose UPMC Health Plan to access the doctors and hospitals you want—and get the peace of mind you deserve.

Innovative care at UPMC

UPMC is a leading provider of advanced medical services in northcentral Pennsylvania. It has:

- A comprehensive network of physicians in a range of specialties.
- State-of-the-art medical technology. This allows members to receive leading-edge treatments.
- The ability to treat complicated illnesses and injuries.

Quality care at multiple locations

UPMC Health Plan members enjoy access to all UPMC hospitals and facilities, including these local hospitals:

- UPMC Cole
- UPMC Lock Haven
- UPMC Muncy
- UPMC Wellsboro
- UPMC Williamsport
- UPMC Williamsport Divine Providence Campus

Outstanding care close to home

UPMC Health Plan gives its members access to high-quality services in northcentral Pennsylvania, including:

- Comprehensive cancer care.
- State-of-the-art orthopedic care.
- Advanced cardiovascular treatments.
- Women's care.
- Primary care.
- Long-term care.
- Exceptional neurological and neurosurgery care.
- High-quality digestive disease and GI care.

World-class cancer care

UPMC has cancer centers in Coudersport, Wellsboro, and Williamsport. The Wellsboro and Williamsport facilities are part of the UPMC Hillman Cancer Center network. This integrated network is one of the nation's largest, and it is a National Cancer Institute-designated Comprehensive Cancer Center.

Patients at all UPMC cancer centers have access to renowned specialists and the latest medical treatments, technologies, and clinical trials.

Exceptional cardiac care

UPMC's Heart & Vascular Institute is a distinguished leader in heart and vascular services in northcentral Pennsylvania. The Institute has the most current, minimally invasive technologies to diagnose and treat heart and vascular diseases and conditions.

State-of-the-art orthopedic care

UPMC's orthopedic providers offer leading-edge care to patients across northcentral Pennsylvania. These specialists use advanced medical technologies to perform joint replacements and revisions, minimally invasive spinal surgeries and sports injury treatments, and more.

In the community

UPMC is committed to improving community members' health through a variety of programs and services, including:

- **The Nurse-Family Partnership.** This program aims to help low-income, first-time mothers in northcentral Pennsylvania have a healthy pregnancy and build a network of support.

- **UPMC Community Life Center.** The center offers programs and seminars in conjunction with UPMC health experts to help individuals lead their healthiest life.
- **The Ambulatory Care Management program.** This is a community-based, nurse care coordination approach to improving health care for Medicare patients.
- **The Spirit of Women program.** This free program provides women with important health information and offers fun monthly events and seminars.
- **The Age Well program.** This free program for seniors offers monthly wellness events, allowing participants to make friends and connect with health care providers.

Taking care of our communities

UPMC is using life-changing medicine to address community members' health needs. The health system is:

- Extending the UPMC Hillman Cancer Center network to Coudersport, and has renovated and expanded the Cancer Center in Williamsport.
- Enhancing its heart and vascular, neurosciences, and orthopedics Centers of Excellence.
- Pursuing a Level II trauma designation at UPMC Williamsport, which will allow it to offer a higher level of surgical care in the region.
- Providing access to living donor transplant care

In addition, children in the region have access to the expertise of UPMC Children's Hospital of Pittsburgh providers 24/7 when they visit any UPMC emergency department.

Need more information?

Call the UPMC Health Plan Open Enrollment Hotline at **1-800-644-1046**. TTY users should call **711**. Representatives are available Monday through Friday from 7 a.m. to 7 p.m. and Saturday from 8 a.m. to 3 p.m. You can also visit [upmchp.us/choose](https://www.upmchp.us/choose).

UPMC HEALTH PLAN

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