

## Services At No Additional Cost



**Speak with a Live Person**  
24/7/365



**Counseling**  
Live Interactive, HIPPA  
Compliant, Virtual, Face to Face,  
Telephonic



**Work/Life Resources**  
Child Care, Eldercare, Parenting,  
Stress Management, Education,  
Financial / Time Management  
and Balance, etc.



**Monthly Newsletter**  
Electronic Supervisor and  
Employee Versions, Also  
Available in Spanish



**Renewable Sessions**  
Receive 4 more sessions after  
there has been a 2-month break  
since the last session. Up to 12  
annually per eligible employee  
and family members.



**Elder Care & Financial  
Telephonic Consulting**  
Tailored Elder Care Counseling  
& Resources, Plus Financial  
Wellness Counseling Provided  
by Experts in their Field



**Personal Navigation**  
In All Areas of Work/Life  
Convenience (Child/Eldercare,  
Housing Assistance, Local  
Community-Based Resources,  
etc.)



**By Request HR/  
Supervisory Orientations**  
Interactive Webinar or On-Site  
(varies by company size)



**Online Training Library**  
Thousands of Virtual Work/  
Life Trainings & Ability to Track  
Progress: visit [www.mseap.com](http://www.mseap.com)  
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EAP

*Our Dedication Spans 37+ Years*

**Questions?**

**Call 1-800-543-5080**

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